



Draw upon **FAITH** to eliminate fear
Demonstrate **PERSEVERANCE** to scorn idleness
Embody **FORTITUDE** to eradicate weakness
Embrace **HOPE** to abolish cynicism and pessimism

**WHEN YOU AWAKE IN THE MORNING
ASK YOURSELF:**

What can I do today towards
achieving my goals?

AT NOON ASK YOURSELF:

Am I doing what I need to do today
towards achieving my goals?

**BEFORE YOU GO TO SLEEP AT
NIGHT ASK YOURSELF:**

Did I do enough today towards
achieving my goals?

**"There are many
pathways to success,
but only one beginning-
an idea backed by the
burning desire to
achieve it."**